

# Sanitary protocol regarding the competitions

Last national and local sanitary protocol (prefecture of HAUTES ALPES), municipality of VARS and SEM SEDEV in effect on the dates of the competitions will be applied.

They have to be considered and respected.

In addition to the protocols mentioned above and the "check list" FIS COVID 19 the following rules will be applied.

### 1 / The principles allowing to avoid the spread of the COVID19

-Limitation of interactions with an establishment of health families.

- Interactions /exchanges only by phone or radio between different areas

- Sending of race documents by email or Whatsapp group (start list, height of start, results, technical cuts...)

-No shared food supplies area.

- An airtight racing bubble with very strict protocols sanitary.

- Permission to not wear the mask <u>only during the run</u>, the racer has to keep it on himself or his staff will be able to give him one in the finish area to leave the race area .A bin will be in the start area, at the beginning of the Kate line to throw out the single use "racers masks".

- Only one person per nation in addition to sherpas will be allowed in the start area.

- Respect for physical distancing and barrier gestures in all our areas

- Setting up of information (A3 plasticized posters) to remind barrier gestures (in France) in French and in English at the entrance and inside of every area.

- Provision of GHA in every area in can

- Dimension of areas regarding the number of persons allowed to enter : to date , 4 square meters per person

- Mask must be worn in all indoor and outdoor areas

-Provision of masks by the organisation committee in every area and every space assigned per nation.

- Check of mask worn by every one

- A policy of nasopharyngeal RT-PCR tests implemented for racers, and medias

### 2 / registration / accreditation , bibs and Captain meetings :

- Registration: they must be done before, online with a bank transfer payment and they will be confirmed with the reception of the FIS health questionnaire, 48 hours before the bib withdrawal. No registration can be taken into consideration after January 15<sup>th</sup>.

- Bibs : The drawing will be done closed hearing. One person per nation will come to take the bibs of the team, a setting up direction with an entry and an exit different. Only one person will be allowed to enter the room to pick up the bibs. The person of the staff who will give out the bibs will be protected by a pane like in shops, the mask is compulsory in the room and disinfection of the hands must be done.

- Captain meetings : : the fisrt Team captain meeting will be in a room or outside if the forecast allows it, only persons required (race committee). The following TCM will be in the finish area, 45 minutes after the end of the last run of the day. The reports of TCM will be given by internet and/or the Whatsapp group.

## 3 / Different sanitary bubbles

In the race area are allowed but requested not to stand :

- Racers

- The staff of National teams
- Jury
- The FIS representative

Controlled interactions with other bubbles

#### In the organization area are allowed

- Race committee staff
- Providers (timekeepers, technical providers)
- Ski resort staff ( slippers, OT, ...)
- Medical and rescue staff

Limited interactions with Race Bubble

#### Media and prod Area (close to organization area)

In general terms reporters, photographers, and cameramen of the organization are the only persons allowed to enter the track area named "Chabrières", a limited number of additional accreditations could be given in regard of the evolution of the COVID 19 situation.

- Reporters (limited number) and accredited by the organization

- Video production and photographs (number of accredited persons limited) Limited interactions with Race Bubble

#### 4 / Test policy and measure of the temperature

Every person (racers and staff) has to produce the results of a RT-PCR 0 naso-pharyngeal test, performed no later than 72 h prior to arrival to take part to the competitions of Vars.
To pick up his accreditation "Media" everybody has to produce the results of a RT-PCR 0 naso-pharyngeal test, performed no later than 72 h .

- No mandatory test for the organization area.

- Imperative : a person who leaves the event has to produce a new test to be accredited again.

- The organization committee deeply recommend to everybody of the identified areas in this protocol to download the app "TousAntiCovid".

- The organization keep the right to make unexpected tests during the competitions and can also at any moment measure the temperature of the body of any person who takes part in the competitions.

#### 5 / Official ceremonies

- No public presentation of the racers, no public bib delivery
- No opening ceremony, no closing ceremony.
- Prize ceremony in the finish area, after the competition respecting :
- No handshakes
- Prize presentation by one and only one person
- Social distancing between podiums
- Line of social distancing on the floor far from the podium 2 meters minimum for photographs.
- Racers that don't have to go on the podium have to stay and wait in the race area.
- No champagne

#### 6/ Food supplies

- Not any collective meal will be served, racers and staffs will take their meal on their own way in their accommodation, ( or like they want but outside the official event)

- A Food supply per nation can be implemented in the race area and another one in the organization area with only individual bottles and food like cakes individually packaged (only 2bottles of 50cl per person one of water and one of soda and 2 pieces of individual cakes / cereal bar).

- A bin will be in each area allocate for a nation.

### 7 / Speaker and equipment control

- The speaker will be listened in the race area but couldn't interview racers we must decide if he will be in organization area on near the finish area.

- The tent of equipment control will be limited with 2 persons with a compulsory mask ( for the racer and the inspector). The inspector will wear disposable gloves and will change them after each control of a racer , some unexpected controls during the runs could be done, after the last run of each competition the 3 first racers in each category will be controlled in the dedicated area for this control. The racers will take off their equipment only after the control. A racer who takes off his equipment before the control will be disqualified.

### 8 / Sherpas

- No sherpas provided by the organization

Every Nation has to organize the sherpas service for his racers. That's why the nations must note on the entry form the names of their sherpas, with a sufficient quantity to guarantee the service for their racers, they must clarify that they will really be sherpas.

- The organization keep the right to exclude at any moment a nation that doesn't have his own sherpas.

### 9 / National teams

- Very team will supply his best efforts to limit the number of present persons on the competitions and reduce to the necessary minimum, the members of his national team including racers and staff.

- In these special conditions , and taking considerations of the difficulties of organization , it is expressed asked to nations to show some professionalism and to limit the registrations of racers to athletes following these criterions:

\*Technical level to the height of elitist and high level.

\*Physical condition and physical capacities of an high level athlete.

#### 10 / Accommodation and transport

- Nations will append to their entry form to the competitions a form explaining:

- The way of transport used , and persons that travel in the same car and also the date of their arrival to VARS for every person.

- The direction et the kind of accommodation (hotel or flat) and the detail of the contact persons in the same accommodation or room of the hotel.

#### 11/)Exclusion during the competitions

- A recognised positive case during the events will produce on the principle the exclusion of all the persons constituent the nation, considering that a nation is one inseparable group.

Exception : the organization could accept under groups limited of 3 persons in a nation, conditionally that it was clearly written in a document annexed with the entry form of the nation . Thus every person who has been separated of the group before the competition could not to be exclude if he fill in the following conditions:

- Individual transport of the subgroup and separate of the nation to vars .

- Individual accommodation during the competitions of the subgroup in a flat exclusively et separate of the nation

- Own Sherpa and technician

- Respect of the social distance in the area allocate to the nation

- Every case could be examined, this possible exception will not be an obligation of the organization in case of the exclusion of a nation.

#### 12/ Evolutions

This protocol is written following the update conditions, it could be modified following the evolution of the covid19

The organisation keep the right from now and until the competitions to bring a modification to this protocol.